

EDI Level 1 National Award in Manual Handling Techniques

Course Overview:

This course is designed for those who are required to move and handle objects on a regular basis. It is made up of one unit which must be passed in order to complete the course and is useful for those working in the care sector, construction trades, retail and warehousing.

Course Duration and Delivery Arrangements:

This course can be delivered over ½ day and timings are flexible according to needs of the group/employer

Course Content and Assessment Methods:

This course is made up of 1 unit and covers the following areas:

- Regulations that apply to manual handling
- The importance of posture on safe manual handling and how to reduce injury risks
- Planning and using safe handling techniques

You will be assessed carrying out manual handling activities and take an internally set test to confirm your understanding of the principles covered.

Entry Requirements:

There are no specific entry requirements for this programme

Progression Opportunities:

You may wish to progress onto the EDI Level 2 National Award in Risk Management, or move onto another broader health and safety qualification

Course Costs/Funding Arrangements:

If you are currently in receipt of benefits, you may be eligible to have this course fully funded – please ask for details and an eligibility check.

Course fees, including registration and certification with EDI, are £30 per delegate

For further information please contact our Business Development team:

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